Effect of Buprenorphine Weekly Depot (CAM2038) and Hydromorphone Blockade in Individuals With Opioid Use Disorder
A Randomized Clinical Trial

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IMPORTANCE Buprenorphine is an efficacious, widely used treatment for opioid use disorder (OUD). Daily oral transmucosal formulations can be associated with misuse, diversion, and nonadherence; these limitations may be obviated by a sustained release formulation.

OBJECTIVE To evaluate the ability of a novel, weekly, subcutaneous buprenorphine depot formulation, CAM2038, to block euphorigenic opioid effects and suppress opioid withdrawal in non–treatment-seeking individuals with OUD.

DESIGN, SETTING, AND PARTICIPANTS This multisite, double-blind, randomized within-patient study was conducted at 3 controlled inpatient research facilities. It involved 47 adults with DSM-V moderate-to-severe OUD. The study was conducted from October 12, 2015 (first patient enrolled), to April 21, 2016 (last patient visit).

INTERVENTIONS A total of five 3-day test sessions evaluated the response to hydromorphone (0, 6, and 18 mg intramuscular in random order; 1 dose/session/day). After the first 3-day session (ie, qualification phase), participants were randomized to either CAM2038 weekly at 24 mg (n = 22) or 32 mg (n = 25); the assigned CAM2038 dose was given twice, 1 week apart (day 0 and 7). Four sets of sessions were conducted after randomization (days 1-3, 4-6, 8-10, and 11-13).

MAIN OUTCOMES AND MEASURES The primary end point was maximum rating on the visual analog scale for drug liking. Secondary end points included other visual analog scale (eg, high and desire to use), opioid withdrawal scales, and physiological and pharmacokinetic outcomes.

RESULTS A total of 46 of 47 randomized participants (mean [SD] age, 35.5 [9] years; 76% male [n = 35]) completed the study. Both weekly CAM2038 doses produced immediate and sustained blockade of hydromorphone effects (liking maximum effect, CAM2038, 24 mg: effect size, 0.813; P < .001, and CAM2038, 32 mg: effect size, 0.753; P < .001) and suppression of withdrawal (Clinical Opiate Withdrawal Scale, CAM2038, 24 mg: effect size, 0.617; P < .001, and CAM2038, 32 mg: effect size, 0.751; P < .001). CAM2038 produces a rapid initial rise of buprenorphine in plasma with maximum concentration around 24 hours, with an apparent half-life of 4 to 5 days and approximately 50% accumulation of trough concentration from first to second dose (trough concentration = 0.822 and 1.23 ng/mL for weeks 1 and 2, respectively, with 24 mg; trough concentration = 0.993 and 1.47 ng/mL for weeks 1 and 2, respectively, with 32 mg).

CONCLUSIONS AND RELEVANCE CAM2038 weekly, 24 and 32 mg, was safely tolerated and produced immediate and sustained opioid blockade and withdrawal suppression. The results support the use of this depot formulation for treatment initiation and stabilization of patients with OUD, with the further benefit of obviating the risk for misuse and diversion of daily buprenorphine while retaining its therapeutic benefits.

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According to the World Drug Report, approximately 33 million individuals globally use opioids for nonmedical purposes.1 Opioids top the list of drugs that cause the greatest burden of disease and drug-related deaths worldwide. A primary goal of treatment for opioid use disorder (OUD) is to help patients reduce or eliminate illicit opioid use,2 as this facilitates achievement of other important goals, including improved health and psychosocial functioning. Clinical trials have shown that buprenorphine is an efficacious treatment for OUD; it reduces illicit opioid use, retains patients in treatment, and reduces mortality.3-7 Buprenorphine offers a key advantage over methadone with its superior safety profile including lower risks for respiratory depression and overdose. Clinical laboratory studies have shown that sublingual (SL) buprenorphine produces a dose-dependent reduction in opioid withdrawal and attenuates opioid craving and the euphoricogenic effects of exogenously administered opioids.8-12 3 critical mechanisms that reduce ongoing illicit opioid use.

Unfortunately, buprenorphine itself has abuse liability,9 is diverted, and has become the primary opioid of abuse in some countries.13-15 Sublingual formulations of buprenorphine can be injected or snorted to enhance euphoric effects.16-18 Unintentional overdose with buprenorphine has been reported, leading to toxicity and fatality in children and those who coingest buprenorphine with benzodiazepines or alcohol.19-21 To address these risks, sustained-release subcutaneous buprenorphine formulations (CAM2038; weekly and monthly depots) were developed with FluidCrystal injection depot technology.22,23 CAM2038 is administered using a prefilled syringe with a needlestick safety device requiring no mixing or temperature adjustment before injection. Once injected, it spontaneously transforms from a low viscous solution to a highly viscous liquid crystalline gel that encapsulates buprenorphine and releases it at a steady rate as the depot biodegrades. CAM2038 is developed in different fixed-dose compositions producing plasma concentrations within the SL therapeutic range.24

This phase 2 study examined the efficacy of once-weekly CAM2038 at 2 doses, 24 mg and 32 mg (developed to produce plasma buprenorphine exposures within the range [ie, maximum concentration–trough concentration] of SL buprenorphine, approximately 16 mg and 24 mg SL, respectively24-27), to block the subjective drug liking response to acute intramuscular hydromorphone and suppress opioid withdrawal in an opioid-dependent, non-treatment-seeking population. In addition, the pharmacokinetic and safety profiles of CAM2038 were examined. It was hypothesized that both CAM2038 doses would produce clinically relevant opioid blockade based on pharmacokinetic modeling28; thus, no between-dose CAM2038 comparisons were planned.

**Methods**

**Study Population**

Healthy adult volunteers (18-55 years) with moderate-to-severe OUD (DSM-V) and physical dependence on short-acting opioids (nonmedical use ≥21 of 30 days preceding enrollment) were recruited. Opioid use/physical dependence was verified by self-report, urine drug screens, and/or naloxone challenge. Participants were recruited through local advertisements or existing site databases and compensated for participating. Individuals seeking OUD treatment were excluded and provided referrals. The study was conducted from October 12, 2015 (first patient enrolled), to April 21, 2016 (last patient visit). The protocol is available in Supplement 1.

Medical history and physical examination, an electrocardiogram, blood and urine tests, and a psychiatric interview determined health status. Exclusion criteria included physiological dependence on drugs other than opioids requiring medical treatment; pregnant or breastfeeding; body mass index (calculated as weight in kilograms divided by height in meters squared) greater than 30; chronic pain requiring opioid therapy; AIDS; history/current evidence of suicidal ideation (Columbia-Suicide Severity Rating Scale, grade 4/529); required use of cytochrome P450 3A4 inhibitors/inducers or last 30-day use of monoamine oxidase inhibitors or investigational drugs; clinically significant abnormality based on history/examination/testing; aspartate aminotransferase and/or alanine aminotransferase levels greater than 3 times the upper limit of normal; total bilirubin or creatinine levels greater than 1.5 times the upper limit of normal; or history or presence of any clinically significant illness (eg, depression and diabetes). Outpatient screening was completed within 4 weeks of admission.

**Study Setting, Design, and Initial Stabilization**

This phase 2 approximately 3-week inpatient randomized, double-blind, within-patient trial was conducted under investigational new drug application No. 114082. Three sites participated (2 academic and 1 commercial with 24-hour nursing coverage), and each received institutional review board approval from the respective site. Participants provided written informed consent before undergoing any study-related procedure. After admission, participants were stabilized with oral morphine, 30 mg 4 times daily (unblinded), for 3 to 7 days before testing, allowing time for washout of illicit opioid use. Hydroxyzine, bismuth subsalicylate, clonidine, zolpidem, acetaminophen, ibuprofen, promethazine, alunina, magnesia, and simethicone were available as needed for mitigating withdrawal symptoms, but not during test session days from midnight until session completion.
Qualification Phase (Days –3 to –1)
Two morphine doses were withheld before each qualification session (the evening before and morning) to preclude morphine carryover effects. A single intramuscular injection (1.8 mL) of double-blind hydromorphone (0, 6, or 18 mg; randomized order) was given on 3 consecutive days. Study outcomes were collected before and for approximately 5 hours after dosing. Qualification criteria for randomization were prespecified for “at this moment drug liking” maximum visual analog scale (VAS) score (maximum score; maximum effect \(E_{\text{max}}\)) as follows: 40 to 60 mm for 0 mg; \(\pm 15\)-mm difference between 0 and 6 mg; \(\pm 20\) mm between 0 and 18 mg; and \(\pm 55\) mm for 6 mg and \(\pm 60\) mm for 18 mg. Morphine dosing ceased after the final qualification test session.

Randomization and CAM2038 Treatment Phase
Those qualified were randomized in a 1:1 ratio to 24- or 32-mg CAM2038 stratified by sex. Participants received 2 once-weekly CAM2038 injections (days 0 and 7). To preclude buprenorphine-precipitated withdrawal, participants were required to exhibit mild withdrawal with a Clinical Opiate Withdrawal Scale (COWS)\(^{30}\) score of 8 or more before the first CAM2038 injection; the COWS was repeated until the threshold was reached. The COWS consists of 11 opioid-withdrawal signs rated by a trained observer on a scale from 0 to 4 (total scale range, 0-44, where 5 to 12 represents mild symptoms). The timing of subsequent challenge sessions was adjusted to map onto 24-hour intervals after CAM2038 dosing.

Four sets of 3 hydromorphone test sessions, identical to the qualification sessions, were conducted on days 1 to 3, days 4 to 6, days 8 to 10, and days 11 to 13 to evaluate the time course of response to CAM2038 injection. Discharge was on day 14, with a follow-up telephone call at 7 days after discharge.

Drugs and Dosing Procedures
Morphine sulfate tablets (30 mg; Roxane Laboratories), hydromorphone (10 mg/mL; Hospira Inc), and 0.45% saline (Hospira Inc) were purchased as single-dose vials. Intramuscular hydromorphone injections rotated between right and left upper deltoid. CAM2038 weekly (Pharmaceutics International Inc) was provided in prefilled syringes with a subcutaneous injection volume of 0.48 mL (24 mg) and 0.64 mL (32 mg). An unblinded nurse (no other study involvement) injected CAM2038, rotating between right and left upper buttocks.

Pharmacodynamic Outcomes
The VAS scores were collected on pen and paper and assessed either on a 100-mm bipolar (ie, 50 = neutral response) or unipolar (ie, 0 = no effect) scale. At this time, drug liking and alertness/drowsiness VAS scores were bipolar, while any drug effects, good effects, high, bad effects, and desire to use opioids were unipolar. The VAS were administered at 30 minutes before drug administration and 5, 10, 15, 30, 45, 60, 75, 90, 120, 150, 180, 210, 240, 270, and 300 minutes after drug administration. The COWS and Objective Opioid Withdrawal Scales (OOWS\(^{34}\)) were administered before CAM2038 dosing and challenge sessions. Oral temperature, heart and respiratory rates, and blood pressure were collected before and 5 hours after dosing at regular intervals.

Safety outcomes included adverse event (AE) reports, physical examinations, vital signs, pulse oximetry, clinical laboratory assessments, and 12-lead electrocardiograms. Injection site examinations were conducted before and after CAM2038 injections. Pregnancy testing was conducted at screening, admission, and before each CAM2038 injection. Electrocardiograms were conducted before each CAM2038 injection. Depression was assessed during screening, before CAM2038, and on discharge day (Montgomery-Åsberg Depression Rating Scale\(^{32}\)).

Pharmacokinetic Sampling
Venous blood samples (6 mL) were collected on each CAM2038 injection day (before and 1, 4, 6, and 8 hours after injection), 1 hour before drug administration each test day (days 1-6 and days 8-13), and day 14 (approximately 168 hours after the second CAM2038 injection). Samples were centrifuged at 3000 rpm for 10 minutes at 20°C; plasma was stored (−20°C) until shipment to the laboratory (Worldwide Clinical Trials; Austin, Texas). Buprenorphine and norbuprenorphine were quantified with liquid chromatography mass spectrometry/mass spectrometry method validated for buprenorphine (range, 0.025-10 ng/mL) with a lower limit of quantification of 0.025 ng/mL and norbuprenorphine (range, 0.02-8 ng/mL) with a lower limit of quantification of 0.02 ng/mL.

Statistical Methods
Primary efficacy and safety analyses were conducted with the completer and randomized populations, respectively. The primary efficacy variable (drug liking VAS \(E_{\text{max}}\)), other VAS, and physiological measures were analyzed using a mixed model, including hydromorphone sequence, hydromorphone dose, period (first, second, or third day of each 3-day test session), test session (1-5), and dose by session interaction, with significance set at \(P < .05\). Posthoc comparisons were made between the qualification phase and each posttreatment challenge for identical hydromorphone doses using Tukey \(t\) tests (eg, 18-mg hydromorphone qualification vs 18-mg hydromorphone session 1). Secondary analyses of these measures included \(E_{\text{max}}\) and minimum effect. In addition, estimated treatment effect, difference in treatment effect (hydromorphone test dose - placebo), and 95% CIs were determined to evaluate the a priori US Food and Drug Administration–defined blockade noninferiority criteria of 11 points.\(^{33}\) The OOWS and COWS were analyzed using a within-patient, repeated-measures 1-factor (study day 0 and thereafter) model. Safety data are summarized and reported descriptively. Analyses were conducted with SAS version 9.3 (SAS Institute).

Results
The CONSORT diagram summarizes participant disposition (Figure 1). Forty-seven participants (ie, safety population) were randomized and received CAM2038 weekly, 24 mg or 32 mg. One was discontinued owing to an AE (see Safety Outcomes
During qualification, mean $E_{\text{max}}$ scores for placebo with within complete blockade, 33 including upper bounds of the 95% CI; greater compared with placebo (the a priori definition for composite hydromorphone dose yielding a mean $E_{\text{max}}$ score of 11 or pressed response to hydromorphone as evidenced by (1) no active hydromorphone dose yielding a mean $E_{\text{max}}$ score of 11 or greater compared with placebo (the a priori definition for complete blockade, including upper bounds of the 95% CI; Table), and (2) statistically significant differences between pretreatment vs posttreatment hydromorphone matched-dose comparisons (see Figure 2 legend for statistical outcomes). However, there were individual scores that exceeded the 11-point margin (Table). One patient was qualified in error but is included because a sensitivity analysis demonstrated no difference in outcomes.

### Hydromorphone Challenges: Patient- and Observer-Rated Responses

The primary outcome, drug liking $E_{\text{max}}$, is shown in Figure 2. During qualification, mean $E_{\text{max}}$ scores for placebo were within the a priori-specified neutral range, while 6 and 18 mg produced dose-related increases in scores. Posthoc analyses revealed both active doses differed from placebo for both groups ($P < .05$). Treatment with CAM2038 weekly, 24 and 32 mg, suppressed response to hydromorphone as evidenced by (1) no active hydromorphone dose yielding a mean $E_{\text{max}}$ score of 11 or greater compared with placebo (the a priori definition for complete blockade, including upper bounds of the 95% CI; Table), and (2) statistically significant differences between pretreatment vs posttreatment hydromorphone matched-dose comparisons (see Figure 2 legend for statistical outcomes). However, there were individual scores that exceeded the 11-point margin (Table). One patient was qualified in error but is included because a sensitivity analysis demonstrated no difference in outcomes.

### Opioid Withdrawal Suppression

Figure 4A illustrates the COWS scores before and for 14 days after CAM2038 administration. Scores were modestly el-
evated at baseline during morphine stabilization, with a mean score of 9.4 before CAM2038. Owing to a protocol error at 1 site, the first 5 participants were treated before meeting COWS criteria (ie, ≥8). Excluding those, the mean preinjection COWS score was 11. Opioid withdrawal (ie, OOWS not shown) was completely suppressed on day 1 after CAM2038 and remained suppressed for the study duration (see the Figure 4 legend for statistical outcomes). Notably, there was no evidence of CAM2038 precipitating withdrawal in those 5 or any other participants.

**Physiological Outcomes**

Hydromorphone produced significant and dose-dependent reductions in oxygen saturation during qualification (24 mg: $F_{2,308} = 17.1, P < .001$ and 32 mg: $F_{2,328} = 12.3, P < .001$) as follows: observed mean nadir of 96.5% (0 mg), 95.3% (6 mg), and 94.3% (18 mg). By comparison, the absolute reductions after CAM2038 treatment were as follows: 96.4% and 96.0% (0 mg), 95.6% and 96.0% (6 mg), and 95.3% and 95.5% (18 mg) for the CAM2038 24- and 32-mg doses, respectively. For respiratory rate, no main effects of hydromorphone dose were found and a dose by session interaction effect was identified for CAM2038, 24 mg, only ($F_{8,308} = 2.5; P = .01$). Maximal respiratory rate reductions were modest even during qualification (approximately 1 breath/minute).

No effects were observed on heart rate or systolic blood pressure. For peak minimum diastolic blood pressure in the CAM2038, 24 mg, group only, there was a significant dose session interaction effect ($F_{8,308} = 3.6; P < .001$), driven largely by a reliable reduction in resting pressure (collected after intramuscular placebo) after CAM2038 administration in comparison with higher values during qualification.

**CAM2038 Pharmacokinetics**

CAM2038 weekly produced dose-dependent buprenorphine (Figure 4B) and norbuprenorphine plasma concentration-time profiles (additional pharmacokinetic data in eTable 1 and eTable 2 in Supplement 2). Similar profiles were observed for the 2 groups with a median time-to-maximum plasma concentration of about 24 hours and an apparent terminal half-life of 4 to 5 days. The average buprenorphine concentration was 1.81 ng/mL and 2.29 ng/mL for the first and second 24-mg doses, respectively, and 2.24 ng/mL and 3.05 ng/mL for the corresponding first and second 32-mg doses, respectively. A 50% accumulation in trough concentration was observed for both groups between the first and second doses.

**Safety Outcomes**

During the study, 38 participants (81%) experienced 1 or more AEs (64% with 24 mg and 96% with 32 mg). Constipation (19%), injection-site pain (11%) and erythema (9%), headache (9%), and nausea (9%) were most common. Adverse events suspected to be related to CAM2038 were reported by 57.4%, including constipation (19%), injection-site pain and erythema (9% each), and headache (6%), with most rated as mild severity. One case of ventricular extrasystoles in a patient receiving CAM2038, 32 mg, resulted in discontinuation. One patient assigned to CAM2038, 32 mg, exhibited abnormal liver function test results at discharge and was subsequently diagnosed as having hepatitis C; neither was considered related to CAM2038 (eTable 3 in Supplement 2).

**Discussion**

This study examined the efficacy of weekly CAM2038 at doses of 24 and 32 mg, corresponding to approximately 16 and 24 mg of SL buprenorphine, to produce opioid blockade and suppress opioid withdrawal. Both doses produced immediate and sustained suppression of responses to hydromorphone for the weekly interval between CAM2038 injections and met the a priori US Food and Drug Administration-designated criteria for complete opioid blockade. Withdrawal was also completely suppressed after the first injection and for the study duration. The pharmacokinetic data reveal that CAM2038 produced dose-dependent plasma con-
Figure 3. Mean (±1 SEM) Maximum Effect for All but Alertness/Drowsiness (Minimum Effect) Visual Analog Scale Scores by Intramuscular Hydromorphone Challenge Dose and Challenge Session for CAM2038 at 24 and 32 mg.

Significant dose by session interactions were found (see the Results section). The filled symbols indicate a significant difference between that specific active hydromorphone dose (either 6 or 18 mg) during the qualification phase vs postrandomization challenges (Tukey t test; \( P < .05 \) in all cases). The dotted line designates the bipolar scale. All other graphs are unipolar scales. CAM2038, 24 mg: \( n = 22 \); 32 mg: \( n = 24 \).
Figure 4. Clinical Opiate Withdrawal Scale and Buprenorphine Concentrations

A. Clinical Opiate Withdrawal Scale

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<th>Treatment Duration, d</th>
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B. Buprenorphine

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The filled symbols indicate a significant difference from the baseline score (Tukey t test; P < .05).

Concentrations of buprenorphine with accumulation across successive injections, and another recent study suggests that steady state may be achieved after 4 CAM2038 weekly injections.24

Modeling studies have suggested that a plasma concentration from 2 to 3 ng/mL (translating to ≥70% mu-opioid receptor occupancy) is needed to produce significant opioid blockade.26,34 The Table shows that, with only 1 exception, mean plasma concentrations fell within this range after CAM2038, 32 mg. However, of the individuals who had scores exceeding the 11-point margin, 25% of those instances were accompanied by concentrations of 2 ng/mL or more. Thus, plasma concentrations may be useful predictors for blockade but are not absolute. The variability in scores suggests that a few individuals may experience partial blockade, especially early in treatment. The hydromorphone doses (6 and 18 mg) used here are estimated to be equivalent to parenteral morphine at approximately 40 and 121 mg, respectively35; mean responses showed complete blockade after initial CAM2038 injection of both doses and throughout the dosing interval. The overall greatest response observed (drug liking Emax difference between 18 mg vs 0 mg with CAM2038, 24 mg) was during session 2 with an upper bound of the 95% CI at 9.6 and a lower observed mean plasma concentration of approximately 1.25 mg/mL. This concentration was reached within 4 hours after CAM2038 injection, supporting the observed rapid onset of opioid blockade. A similar pattern of rapid-onset, robust, and sustained blockade was observed for other VAS measures of abuse potential (Figure 4).

During treatment initiation, it is important that withdrawal symptoms are well-controlled. The COWS and OOWS scores were reduced to near zero on the first dosing day with suppression thereafter. Baseline values were comparatively low because participants were morphine maintained and abstinence for fewer than 15 hours. Buprenorphine alone can precipitate withdrawal in individuals physically dependent on opioids owing to its partial agonist profile36,37; therefore, in clinical practice, it is important to avoid initiating buprenorphine under specified conditions (eg, dosing too close to last opioid use and introducing buprenorphine at high doses).38 Guidelines recommend abstaining from opioids for a period sufficient for modest withdrawal to emerge before administration of an initial low dose (eg, 4 mg) and followed by another small dose if the first was well-tolerated.39 Here, participants were stabilized with morphine, a short-acting opioid with a half-life similar to commonly abused opioids (eg, heroin and oxycodone39), doses were omitted for fewer than 15 hours, and modest opioid withdrawal was typically present, closely mimicking clinical practice procedures. Importantly, CAM2038 weekly treatment did not require induction and stabilization with SL buprenorphine. With no cases of precipitated withdrawal observed with this approach, it seems likely that patients could be inducted directly with CAM2038 using standard clinical procedures.

Limitations

One study limitation was the absence of a placebo-controlled group; however, it would not be possible to have an untreated opioid-dependent group retained without treatment and would be unsafe to test these high opioid doses in a non-tolerant population. Owing to a protocol error that may have been somewhat serendipitous, some participants received their first CAM2038 injection with little to no evidence of withdrawal (COWS score < 8); none experienced precipitated withdrawal. The pharmacokinetic profile of CAM2038, with its gradual increasing buprenorphine plasma concentrations reaching maximum concentration at approximately 24 hours, may be a de facto induction procedure, mimicking recommended SL buprenorphine induction procedures starting with a low dose repeatedly administered over the first day. Both weekly and monthly CAM2038 has been shown to produce dose-proportional plasma concentrations of buprenorphine in the clinically relevant range of current SL buprenorphine treatments but without the daily peaks and troughs of these products,24 potentially providing more stable protection against withdrawal emergence.
Conclusions
Weekly and monthly buprenorphine subcutaneous depots are being developed for individualized treatment of patients with OUD to address the limitations of currently marketed once-daily SL formulations, including misuse, diversion, and non-adherence. CAM2038 produced clinically relevant buprenorphine plasma levels, translating into rapid and sustained opioid blockade and withdrawal suppression, and was well-tolerated both systemically and locally. Findings suggest that CAM2038 formulations will be effective in reducing illicit opioid use and relapse, while eliminating the risk for misuse and diversion.

REFERENCES


